

ECG (electrocardiogram)

An ECG is a very common cardiac investigation that is used to assess the heart's rate, rhythm and electrical activity and can aid in the management of a number of conditions. Please find below some more information with regards to undergoing an ECG.

Preparation

You do not require to do anything in particular to prepare for an ECG. It is helpful to wear clothing that is easily loosened to enable access to the chest.

The Test

10 electrodes are attached to the chest with the aid of adhesive stickers to record 12 different views of the heart.

Duration

An ECG takes no longer than 5 minutes.

After Your Test

Following your ECG, Professor Ruparelia will explain the results and use these to aid your ongoing management.